

Further Advice

Below is a list of agencies that might be able to provide support on a number of life issues:

Organisation and Contact Details	Support Provided
Action on Addiction www.actiononaddiction.org.uk 0845 126 4130	Help and information for people worried about alcohol or drug misuse
Alcoholics Anonymous www.alcoholics-anonymous.org.uk 0845 7697 555 (24 hour)	Help for people with drink problems
British Pregnancy Advisory Service www.bpas.org 0845 730 4030	Information and counselling on pregnancy issues, abortion and fertility
Childline www.childline.org.uk 0800 1111	A free, confidential 24 hour helpline for any child with any problem
Consumer Credit Counselling Service www.cccs.co.uk 0800 138 1111	Confidential, free counselling and money management assistance for people in financial difficulty
Cruse Bereavement Care www.crusebereavementcare.org.uk 0844 477 9400	Bereavement counselling
National Centre for Domestic Violence www.nncdv.org.uk 0844 8044 999 or 0800 970 2070	Available to anyone regardless of age, culture, gender, sexual orientation who is a victim of domestic violence
Samaritans www.samaritans.org 08457 90 90 90	General counselling and support for any type of issue